

What is ALEX®?

ALEX is your personal TRS-ActiveCare benefits expert. ALEX is funny, speaks in plain English—not insurance-talk—and is available to **help you and TRS-ActiveCare members figure out which ActiveCare plan will best serve you and your families' needs** (anonymously, of course).

## Sounds great...but how does it work?

How ALEX works is simple. All you have to do is log on and respond to ALEX's questions. ALEX will prompt you for some basic information about you and your family, ask a few questions about how your personal situation (everything you say remains confidential, of course), and help you figure out what to choose based on your responses.

## What else can ALEX do?

- Help you and TRS-ActiveCare members understand and compare plan options
- Explain complicated health insurance terms in jargon-free language
- Show you how different plan features like deductibles, coinsurance and out-of-pocket maximums work
- Walk you through estimating tax savings with a health savings account (if you're considering the ActiveCare 1-HD plan)

## How can I talk to ALEX?

ALEX is available from any computer with an internet connection – all you have to do is visit <a href="www.myalex.com/trsactivecare">www.myalex.com/trsactivecare</a> to get started. Want to walk through your options with your family? You can talk to ALEX from your home computer or mobile device, 24 hours a day, 7 days a week.